

PUSHIN & SHOVIN

Choreographed by Maggie Gallagher (September 2018)

32 Count 4 Wall High Beginner Linedance

Music: Pushin and Shovin by Billow Wood (Amazon)

Intro: 32 counts (start on words "I left you a message") 13 secs



S1: R ROCKING CHAIR, STEP, ¼ PIVOT, STEP, ¼ PIVOT

1-2 Rock forward on right, Recover on left

3-4 Rock back on right, Recover on left

5-6 Step forward on right, ¼ pivot left rolling hips round [9:00]

7-8 Step forward on right, ¼ pivot left rolling hips round [6:00] **Restart Wall 3*

S2: CROSS, SIDE, BEHIND, SWEEP, BEHIND, ¼, WALK, HOLD

1-2 Cross right over left, Step left to left side

3-4 Cross right behind left, Ronde sweep left from front to back

5-6 Cross left behind right, ¼ right stepping forward on right [9:00]

7-8 Walk forward on left, HOLD ***Restart Wall 10*

S3: MAMBO ½, HOLD, STEP, ½ PIVOT, STEP, TOUCH

1-2-3 Rock forward right, Recover on left, ½ right stepping forward on right [3:00]

4 HOLD

5-6 Step forward on left, ½ pivot right stepping forward on right [9:00]

7-8 Step forward on left, Touch right next to left

S4: SIDE, TOUCH, SIDE, TOUCH, BUMP R, L, R, L

1-2 Step right to right side, Touch left next to right

3-4 Step left to left side, Touch right next to left

5-6 Step right to right side bumping hips right, Bump hips left

7-8 Bump hips right, Bump hips left (weight finishing on left)

RESTART:* After 8 counts on **Wall 3 facing [12:00]

***RESTART:* After 16 counts on **Wall 10** facing [3:00]

ENDING: Dance 7 counts of **Wall 13**, then ½ pivot left to finish facing [12:00]