

Knockdown

Choreographed by Maggie Gallagher (October 2006)

32 count 4 wall Intermediate level line dance

No Tags or Restarts

Music : "Knockdown" by Alesha Dixon

Intro :- 32 counts (19 secs) Start on Vocals

The dance moves in an Anti-CW direction.

Start the dance with your weight on the right foot.

PLACE LEFT, WALKS, ROCKS F, B, SIDE ROCK, SCISSOR CROSSES, SIDE STEP RIGHT

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|------|--|----|
| &1,2 | Step left next to right, Walk forward right, Walk forward left | 12 |
| 3&4 | Rock forward onto right, Rock back onto left, Rock out to right side | |
| &5,6 | Step left next to right, Cross right over left, Step left to left side | |
| &7,8 | Step right next to left, Cross left over right, Step right to right side | |

TOGETHER, SIDE STEP, TOUCH, PLACE LEFT, MOVING TOE TAPS, TOE PRESS, HEEL SWIVELS, LEAN BACK & RIGHT HITCH, BEHIND, SIDE, CROSS

- | | | |
|------|--|--|
| &1,2 | Step left next to right, Step right to right side,
Touch left next to right | |
| &3& | Step left next to right, Tap right toe forwards, Tap right toe forwards
(<i>Moving right foot forwards</i>) | |
| 4 | Press forwards onto right toe with heel raised | |
| 5& | Swivel right heel to the right, swivel right heel to the centre | |
| 6 | Lean back onto left and hitch right knee | |
| 7&8 | Cross right behind left, Step left to left side, Cross right over left | |

1/4 RIGHT, HEEL TAP, RIGHT STEP-FLICK LEFT, LEFT LOCK, STEP, 1/2 PIVOT LEFT, 1/4 LEFT STEPPING TO RIGHT SIDE, WEAVE, POINT

- | | | |
|-----|--|---|
| &1 | 1/4 turn right stepping back on left, Tap right heel forwards | 3 |
| 2 | Step onto right whilst flicking left heel up at the back | |
| 3&4 | Step forward on left, Lock right behind left, Step forward on left | |
| 5&6 | Step forward on right, Make 1/2 pivot turn left, | 9 |
| | Make 1/4 turn left stepping right to right side | 6 |
| &7 | Cross left behind right, Step right to right side | |
| &8 | Cross left over right, Point right to right side | |

TOGETHER, WALK, HITCH, TOGETHER, POINT LEFT, TOGETHER, RIGHT TOUCH, PLACE RIGHT, 3 x 1/4 WALKING TURNS LEFT WALK FORWARD RIGHT

- | | | |
|-----|---|----|
| &1 | Step right next to left, Walk forward on left foot | |
| 2 | Hitch right knee forwards | |
| &3 | Step right next to left, Point left to left side | |
| &4 | Step left next to right, Touch right toe next to left | |
| & | Place right next to left | |
| 5 | 1/4 turn left stepping forward onto left | 3 |
| 6 | 1/4 turn left stepping right to right side | 12 |
| 7,8 | 1/4 turn left stepping forward on left, Walk forward on right | 9 |

START AGAIN